



ACQUIRED BRAIN INJURY PROGRAMS

The Acquired Brain Injury (ABI) Program at Hospital for Special Care treats individuals with traumatic or non-traumatic brain injuries (i.e., aneurysm, anoxia, tumors) through its continuum of care. Program goals are to maximize patients' functional status, independence, psychosocial adjustment and vocational and leisure skills including community reintegration.

Upon inpatient admission, each patient is assigned a case manager who acts as a liaison between the patient and family, clinical team, payer and the community. Throughout the continuum, families are encouraged to participate in the rehabilitation and discharge-planning processes as much as possible with the case manager or primary nurse or physician as the facilitator. Patients with ABI that experience the following may benefit from this program:

- Experience decreased mobility
- Decreased ability to perform Activities of Daily Living (ADL)
- Impaired cognition of communication
- Swallowing disorders
- Bowel and bladder dysfunction

The inpatient unit for acquired-brain injuries provides 24-hour per day physician coverage and rehabilitation nursing services.

Interdisciplinary therapies such as occupational, physical, speech, recreation and respiratory therapy are available seven days per week. Your therapy will primarily take place Monday through Friday, and based on goals, is arranged on the weekend.

The team works with all patients' cultural and spiritual beliefs. Together, an individual treatment plan and goals with predicted outcomes are established to address individual physical, cognitive, educational and behavioral needs of each patient which may include:

- Activities of Daily Living (ADL)
- Medication
- Mobility
- Nutrition
- Leisure and recreational needs
- Communication
- Coping
- Chemical and substance abuse
- Family and caregiver training

FOR FURTHER INFORMATION, PLEASE CONTACT:

The Admissions Office: 860.827.4841 or 800.220.7773

Our program is located at:

*Hospital for Special Care
2150 Corbin Avenue, New Britain, CT 06053*

There is ample, free parking.

See website for directions: www.hfsc.org

- Home visit(s)
- Community re-entry

An interdisciplinary treatment plan is tailored to each individual by the rehabilitation team and can include the service of:

- Physiatrist
- Medical specialties including, but not limited to, internal medicine, pulmonology and urology
- Neuropsychologist
- Dietitian
- Rehabilitation nurse
- Physical therapist
- Occupational therapist
- Speech therapist
- Respiratory therapist
- Therapeutic recreation specialist
- Chaplain
- Social worker
- Case manager

Discharge plans, initiated during the pre-admissions process, or first visits in outpatient, may include a combination of settings such as:

- Outpatient therapy
- Home services
- If necessary, a sub-acute level of care
- Vocational rehabilitation
- Substance abuse programs
- Support groups

HSC's ABI Program offers an interdisciplinary approach, and assists in the coordination of community resources, mental health support, chemical-dependency counseling and family support.

Referral Guidelines

Referrals are considered on an individual basis. Each inpatient referral is evaluated onsite by an admitting nurse. Additionally, HSC will evaluate patients with the dual diagnosis of spinal cord injury and brain injury.

Tours are available upon request.

Admitting Guidelines for Inpatient Acquired-Brain Injury Program

(Must meet all criteria below)

- Traumatic brain injury within six months of onset or RLA II/III injury within three months of onset
- Nontraumatic brain injury, anoxia, hemorrhage, etc. within three months of onset
- Shows continuous functional gains
- At least 15 years of age
- Medically stable
- Requires a combination of at least two therapies between physical, occupational or speech therapies
- Tolerates three hours of therapy per day
- Safe discharge plan is in place
- Funding source identified

Admission Guidelines for Inpatient Neurobehavioral Program

The Neurobehavioral Program (NBP) is a long-term rehabilitation program that specializes in the treatment of individuals who have sustained an ABI and have been unsuccessful in the community or other facilities.

The purpose of the NBP is to assist patients in managing their behaviors appropriately, learn skills to maximize their

independence and improve their overall quality of life.

For admission to the program patients must meet all criteria below:

- Has a diagnosis of an Acquired-Brain Injury (ABI)
- Is medically stable
- Is 18 years or older
- Has maladaptive behavior requiring a secured unit
- Demonstrates the potential to improve functional ability
- Has a conservator
- Does not have a degenerative neurological diagnosis
- Has a viable discharge option

Admitting Guidelines for Outpatient Acquired-Brain Injury Program

(Must meet all criteria below)

- Physician referral and orders (individuals may self-refer without specific diagnosis, and an evaluation will be arranged through physiatry, medicine, psychology or other specific diagnosis and orders)
- Availability of past medical records and history
- Identifiable functional limitations
- Evidence of exacerbation, new problem and/or documentation related to the need for skilled therapy services
- Ability and motivation to participate in rehabilitation program
- Medical stability
- Funding source

Outpatient Services are available Monday through Friday, from 7:00 a.m.-7:00 p.m.

NEUROPSYCHOLOGY STAFF AND BRAIN INJURY STAFF

John K. Stanwood, Ph.D.

Chief of Psychology

Dr. Stanwood specializes in the evaluation, and treatment, of adult patients with neurological problems, complex medical conditions and adjustment difficulties.

Steven P. Brown, Psy.D.

Clinical Neuropsychologist

Dr. Brown specializes in the evaluation, and treatment, of adolescent and adult patients with neurological, medical, and psychiatric conditions. He is board-certified in clinical neuropsychology by the American Board of Professional Psychology.

Dennis Johnston, Ph.D.

Director of Neuropsychological Services

Dr. Johnson specializes in the evaluation, and treatment, of adult patients with traumatic brain injury and other neurological problems, chronic medical illness, adjustment difficulties and anxiety conditions.

Dennis Rosati, M.D.

Medical Director of Brain Injury Services

Dr. Rosati is the Medical Director of Brain Injury Services at HSC, and has over 20 years experience in the fields of medicine and physical rehabilitation. Dr. Rosati also serves as a clinical instructor for the University of Connecticut School of Medicine, and is a consultant for Connecticut Valley Hospital, Middletown. Dr. Rosati is a member of the American Academy of Physical Medicine and Rehabilitation, the Hartford County Medical Association, and the Association of Academic Psychiatrists.

Timothy Belliveau, Ph.D.

Clinical Neuropsychologist

Dr. Belliveau specializes in the evaluation, and treatment of child, adolescent, and adult patients with neurological, developmental, and complex medical conditions. He is board-certified in both clinical neuropsychology and rehabilitation psychology by the American Board of Professional Psychology.

Hospital for
Special Care

We Rebuild Lives.